

# HAPPY Thanksgiving

## Jac-Cen-Del Jr. Sr. High Lunch Menu

November 2021



Breakfast	Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Monday:</u></b> <i>Pancake w Sausage or Pizza</i></p> <p><b><u>Tuesday:</u></b> <i>Egg with Toast</i></p> <p><b><u>Wednesday:</u></b> <i>Muffin or Banana Split</i></p>	<p>1 Ham/Cheese or Hot Dog on Bun Baked Fries Broccoli Fresh Veggie Mixed Fruit Pudding</p>	<p>2 Stuffed Crust Pizza Pepperoni or Cheese Romaine Salad Fresh Veggies Assorted Fruit Donut</p>	<p>3 Beefaroni or Lasagna Roll with Breadstick Tossed Salad w Tomato Fresh Veggie Hot Apples</p>	<p>4 Chili or Chicken Noodles Sunbutter Sandwich Cheese Stick and Crackers Fresh Veggies Peaches and Pears</p>	<p>5 Rib-B-Que or Baked Tenderloin on Bun, Carrot and Celery Sticks Baked Chips Assorted Fruit Cookie</p>
<p><b><u>Thursday:</u></b> <i>Biscuit and Gravy</i></p> <p><b><u>Friday:</u></b> <i>WG Biscuit w Egg, Cheese &amp; Ham or Donut</i></p>	<p>8 Grilled Bacon Chicken Club or Bacon Cheese Burger on Bun Baked Chips Seasoned Carrots Fresh Veggies Pears or Peaches</p>	<p>9 Spaghetti w Meat Sauce or Chicken Alfredo Garlic Cheese Bread Tossed Salad Fresh Veggies Strawberry Cake</p>	<p>10 General Tso's Chicken or Beef n Bean Burrito Fried Rice w Vegetables Blend Breadstick Flavored Applesauce</p>	<p>11 Bosco Stick or Pizza Stick w Marianna Sauce Baked Beans Mix Salad w Tomato Strawberry or Peach Cup</p>	<p>12 <b>Kindness Day</b> Tenderloin on Bun or Stuffed Calzone Tossed Salad Fresh Veggies Pineapple or Peaches Johnny Pop</p>
<p><b><i>Offered: Cereal, Pop tarts, Cereal Bar and Yogurt</i></b></p>	<p>15 Hamburger or Hot Dog on Bun Baby Bakers Broccoli w Cheese Fruit Pudding</p>	<p>16 Mac &amp; Cheese or Ravioli Pizza Stick Mix Salad Green Beans Peaches or Fresh Apple Slices</p>	<p>17 Dorito Taco or Tachos Refried, Beans, Sour Cream, Salsa and Cheese Veggie with Dip Corn or Lima Beans Frozen Slushies'</p>	<p>18 <b>Turkey and Dressing with Rolls</b> <b>Mashed Potatoes w Gravy</b> <b>Green Beans</b> <b>Applesauce or Slaw</b> <b>Fresh Veggies</b> <b>Pumpkin Pie</b></p>	<p>19 Tenderloin or Baked Fish on Bun Mac n Cheese Slaw or Applesauce Carrot and Celery Fruit Cup</p>
<p><b><i>Breakfast is served with, Fruit, Juice and Milk</i></b></p> <p><b><u>Students must take all 3</u></b></p>	<p>22 Pancakes w Sausage or Biscuits and Gravy Hash Brown Tringles Fresh Veggies Tomato or Orange Juice</p>	<p>23 <b>Choice of Pizza</b> <b>Corn Salad or Applesauce</b> <b>Veggies,</b> <b>Fruit</b> <b>Donut</b></p>	<p>24 Thanksgiving Break</p>	<p>25</p>  <p style="text-align: right;"><i>USDA is an equal opportunity provider</i></p>	<p>26 Thanksgiving Break</p>
<p><b><i>1% White and Chocolate milk offered daily.</i></b></p> <p><b><i>Chef Salad, Sandwiches and Fruit &amp; Yogurt Parfaits</i></b></p>	<p>29 Hamburger or Pork BBQ on Bun Baked Fries Broccoli w Cheese Salad w Tomatoes Peaches or Mixed Fruit</p>	<p>30 <b>Chili or Tomato Soup</b> <b>Sun Butter Sandwich</b> <b>Crackers</b> <b>Cheese Stick</b> <b>Veggie Sticks</b> <b>Fruit</b></p>	<p><b>DECEMBER</b></p> 	<p><b>USDA Requirements: Students must select at least ONE item from the Fruit and Vegetable offered.</b></p>	<p><b><u>MENU IS SUBJECT TO CHANGE.</u></b> <b><u>Do to shortage from company's.</u></b> <b><u>Sorry for the inconvenience.</u></b></p>