










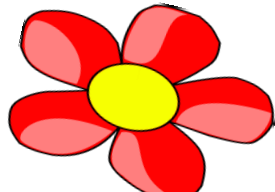
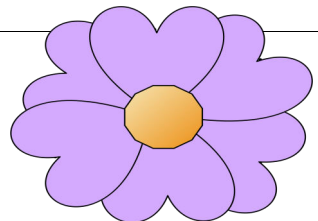




March 2024  
Jac-Cen-Del Jr. Sr. High School  
Lunch Menu

# National Breakfast Week

## March 4-8

| Breakfast<br>7:30-8:00   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  |
|--|--|---|---|--|---|
| #NSBW24<br>Check out our great breakfast items!  |   |    |   |                                       | 1 Tenderloin on Bun or<br>Bosco Sticks<br>Baked Fries<br>Fresh Veggie<br>Fruit Cup      |
| <u>Offer Daily at breakfast</u><br>Cereal, Pop tarts, Cereal Bar   | <u>Pancakes/Sausage or Chicken n Waffle</u><br> | <br><u>Scramble Eggs with Toast</u>          | <br>Breakfast Pizza or Yogurt Banana Split | <u>Sausage Gravy/Biscuit</u><br>      | Biscuit w Egg, Cheese & Ham or Iced Donut   |
|    | 4 Hamburger or Hot Dog on Bun<br>Sliced Cheese and Lettuce<br>Baked Chips<br>Steamed Broccoli<br>Pears and Pudding               | 5 Chicken Smackers or Chicken Tenders<br>Mashed Potatoes<br>Roll w Jelly<br>Buttered Carrots<br>Slaw<br>Fresh Veggies & Fruit | 6 Baked Cheese Sticks or Bosco Sticks<br>Marinara Sauce<br>Baked Beans<br>Veggies Stick<br>Fruit Cup                          | 7 Cook's Choice<br>Hot Vegetable<br>Rolls w Jelly<br>Applesauce<br>Fruit Cup<br>Ice Cream cup                            | 8 Choice of Pizza<br>Seasoned Carrots<br>Applesauce<br>Choice of Fruit<br>Spring Cookie |
|  | 11 Spring Break  | 12  | 13  | 14   | 15  |
| Offered Daily:<br>1% white milk and Fat Free Chocolate and Strawberry  | 18 Spring Break  | 19  |    | 21   | 22  |
| <u>Grab and Go:</u><br>Chef Salad with Chicken or Diced Ham<br>Yogurt Parfait<br>Lunchmeat Sandwich<br>Boxed Lunches<br>Sunbutter Sandwich | 25 Bacon Cheese Burger or Pork BBQ on Bun<br>Lettuce, Cheese and Pickles<br>Baked Chips<br>Broccoli<br>Mix Fruit<br>Pudding      | 26 Chicken Tenders w Roll<br>or Crispy Chicken on Bun<br>Mashed Potatoes<br>Carrots w Dip<br>Mix Salad w Tomatoes<br>Fruit    | 27 Chicken & Cheese Crisпитos or Stuffed Calzone<br>Seasoned Rice<br>Mix Salad<br>Fresh Veggies and Fruit                     | 28 Taco's<br>Soft or Hard Shell<br>Salsa, Lettuce, Cheese<br>Refried Beans<br>Street Corn and Rolls<br>Chilled Pineapple | 29 Good Friday<br><br>No School   |
| USDA: is an equal opportunity provider and employer.   |   |   |    |  |    |